

Using Palliative Leaders In Facilities to Transform care for Alzheimer's Disease (UPLIFT-AD) – palliative care clinical trial in nursing homes



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ABSTRACT

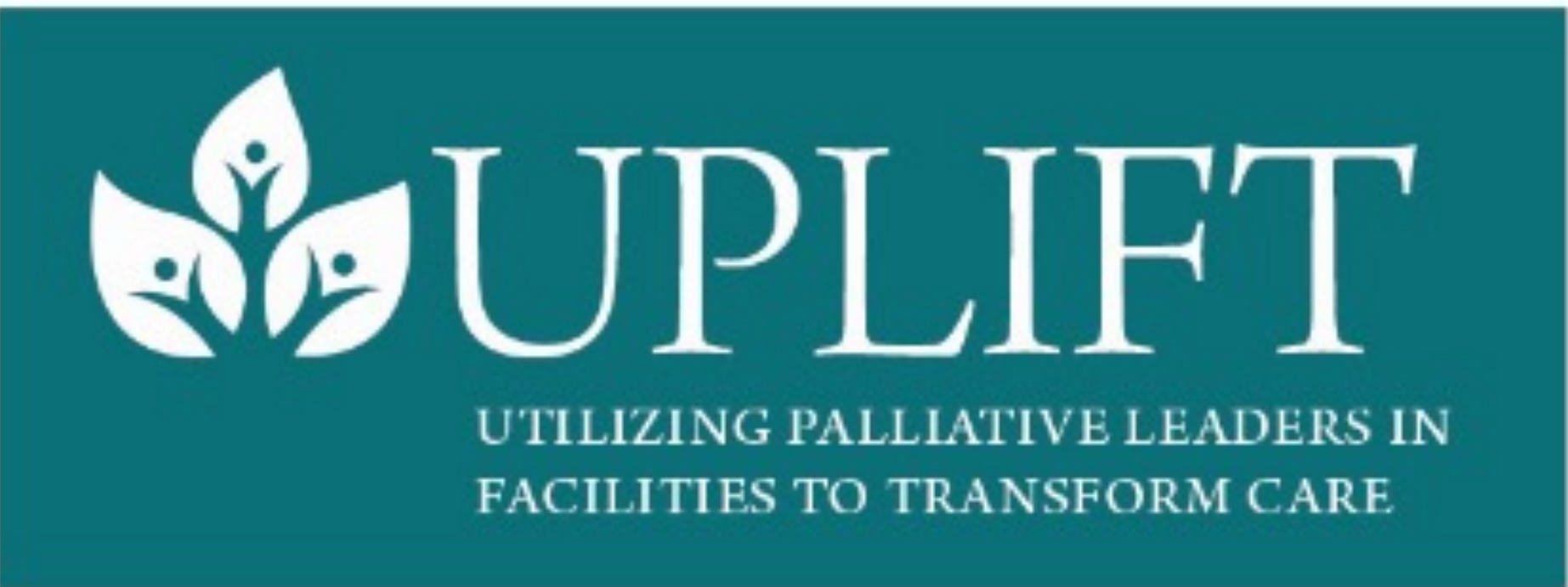
Nursing Homes (NH) often struggle to provide Palliative Care (PC) to their residents with Alzheimer's and other Related Dementias (ADRDs). As a result, many NHs are searching for external PC consultants to help facilitate care within their facilities. Unfortunately, there are no clinical trials that provide examples of sustainable models of PC or their effectiveness in this population. Although, there is evidence that knowledge of or training in PC by NH staff can have benefits in patient care.

The purpose of this study is to assess the effectiveness of the UPLIFT- PC implementation model in enhancing capacity of nursing homes to train in primary PC and improving the quality of life and quality of care for ADRD nursing home patients.

TIMELINE

The trial is currently on-going and will be implemented over a total of 36 months and include 740 residents in 16 diverse NHs in IN and MD.

Study Sites		Random sequential rollout of UPLIFT at all sites				
		PROJECT YEARS				
		Y01	Y02	Y03	Y04	Y05
Indiana	Facility 1 & 2					
	Facility 3 & 4					
	Facility 5 & 6					
	Facility 7 & 8					
Maryland	Facility A & B					
	Facility C & D					
	Facility E & F					
	Facility G & H					



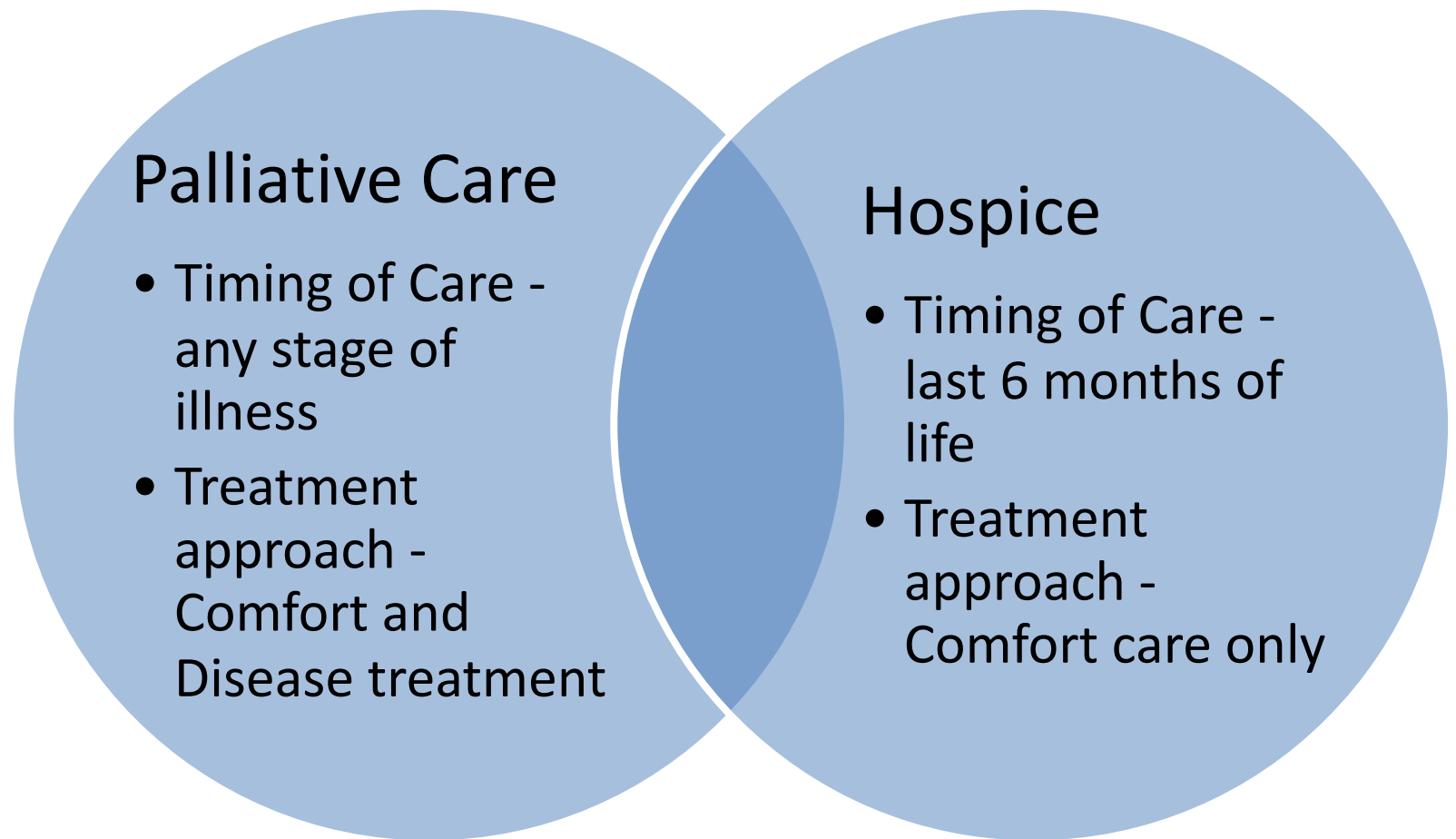
REPRODUCIBLE PALLIATIVE CARE IMPLEMENTATION STRATEGY FOR NURSING HOMES MANAGING DEMENTIA PATIENTS

TRAINING	IMPLEMENTATION	ASSESSMENT/REPORTING
<ul style="list-style-type: none">• ~8hrs PC Leads in-house• Symptom management• Disease management• Managing scenarios involving patients with ADRD• Hospice Eligibility• Advanced care planning conversations with family	<ul style="list-style-type: none">• Pre-implementation meetings with research team (tailored process)• Establish relationship with external PC leads• Meetings with families	<ul style="list-style-type: none">• Regular reviews of PC staff• Identification and tracking of patients within EHR• Assessing progress of patient symptoms• Meeting with families gauging efficacy

Integrated Palliative Care Framework



Palliative Care vs Hospice



Focus of Care = symptom management, quality of Life and honoring resident and family wishes

Location = Any

CONCLUSION

The UPLIFT-AD intervention is a model of care for increasing access to palliative care services for nursing home residents, relying on a combination of internal capacity building and external specialty consultant support

ACKNOWLEDGEMENTS

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