

# The Carbon

How 'bout it chum?

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## Speech and communication now recognized as a major at Marian

by Amy Howell

The Theater Department is proud to present, in its first leading role, Speech and Communications as a "Major" at Marian College.

Speech and Communication has only been a concentration of the Theater Department, but this year, Marian was able to purchase new equipment and give those interested in communica-

developed for the upcoming years are Production and Editing II and III. Production and Editing II will be dealing with an actual client who will be Dr. Drew Appleby.

Dr. Appleby is hiring the student of ED II to produce four or six, two minute promotional spot announcements. these spot announcements will focus on

by Karen Murphy

A lot of college students probably had celebrating on their mind last Friday night--celebrating the weekend. But 19 of our Marian students were embarking on another kind of celebration, a celebration of life. The All-College Retreat began on Friday, September 27, at 7:00 p.m. and the theme for the weekend was "Uniquely You: Celebrating Life, It's Struggles and Joys."

The retreat, which was held at the St. Bernadette Center here in town, provided students with the chance to reflect on their feelings about themselves, about their life, and about God's role in their life. Sophomore Jen Haire remarked that at the retreat, "We bonded with ourselves, with each other, and with God." They not only bonded with Marian students, but our students from the University of Indianapolis and one from UPUI also attended the retreat.

Father Fred Link participated

in the retreat and said that the neatest thing about it was that the students did most of the work; it was truly their retreat. They were not bombarded with speeches, but were simply guided in activities of sharing and of reflection.

Friday night began with a few ice-breakers, where the students paired up and shared what they thought made them unique. Later they picked out a picture from several to show how they felt at that time. The night officially ended with a pizza party, but many students stayed up until the wee hours of the morning talking with each other.

Saturday began with a prayer, and then the events of the day included such things as a time line of the celebrated times in their life, the sacrament of reconciliation, and one hour of total silence for the students to just be with themselves. After a long day of sharing and reflecting, the retreatants ended

the night with big bonfire, where they stayed up late just doing "stupid songs and games," Father Fred remarked.

The Marian students, in fact, chose the theme for the retreat and chose to have laymen "lead" them rather than a religious. Kevin DePrey, the director of the Fatima Retreat House, and his wife Emily Wren guided the students through the retreat activities.

Sophomore Theresa Whalen had all good things to say about her first time on the retreat. "It was fun to meet people from other colleges," she said, "and you really got to think about yourself."

Father Fred Link looks forward to another retreat in the spring. Both he and the other retreatants urge students to sign up and join them in a fun and touching experience.



## Freshman class officers elected

by Carlos Vidaurre

The first election of the year has taken place. The freshman class voted this past Wednesday and Thursday, October 2 and 3, on their class officers at the Alverna Student Center. The cabinet is composed of Carlos Vidaurre, president; Katrinha Jahn, vice-president; Lara Beck, secretary; Kevin Donsbach, treasurer; and Amy Kicinski, freshman representative.

Tim Bales, Chairman of the

Election Committee, thought the election went well. The race itself was very close. "I was pleased with the turnout, and the number of candidates that ran." Indeed, except for the position of secretary, there were three candidates running in every office. On Monday, September 30, the candidates met at Alverna face to face with their class and discussed some of the goals they each wanted to see the class achieve.

The newly elected officers hope that all of their endeavors will be realized. All freshmen are welcome to give their suggestions to any of the officers and attend the meetings. "I would really like to see the class in its entirety be in touch with each other. I feel that the parts of our class equal up to an excellent whole," said vice-president Jahn.

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# Alcohol awareness week

by Karen Murphy

Last spring an Indiana State University student lost his life when a fun night of drinking and elevator surfing turned fatal.

He was the fourth to die from the "game" in less than two years.

One month ago, a freshman from a small Indiana college lapsed into a coma after Freshmen Initiation night got a little too crazy.

More than 2/3 of all college date rapes that occur are perpetrated by someone under the influence of alcohol.

This week is Collegiate Alcohol Awareness Week on campus, and there is plenty to be aware of. Most students laugh at this concept, immediately going through the checklist of what they are already aware of:

— Let's see, there's Quarters, Thumpers, Up The River, Three-man, Bull-----

— Mixing Bud with Jack Daniels isn't a great idea.

— Bring your own cooler to a party; fridges empty too quickly.

— Clear plastic cups defeat the purpose.

— What more is there past beer

bongs, kegs, and lots of it?

The list surely goes on. In a 1990 survey, it showed an estimated 80-90 percent of all college students drink alcohol; 20% of which are considered problem drinkers.

College students are past even an attempt at lecturing against drinking alcohol; most high school students are past this. However, there is a dire need for awareness of the dangers associated with on-campus and off-campus drinking.

These dangers include destructive games like elevator surfing, which is riding on the top of an elevator up and down the shaft. Another such game involves the illegal activity of drunk driving. The game is called Bar Golf and consists of students travelling from bar to bar consuming drinks at each "hole", usually with Par 5 holes and no birdies allowed.

College administrators typically link a large amount of property damage, violent behavior, rape, harmful accidents, and suicide attempts to alcohol. That doesn't even include the discovery from a recent survey in which 25% of the students reported having skipped classes due to hangovers.

Marian College has been fortunate enough not to have experienced such tragic drinking problems on it's "dry" campus. Several students do support Marian's alcohol policy, for the most part, due to the problems that can arise. However, several suggestions were made that it would be ideal to have drinking allowed only in a "campus bar" for those over 21 years of age.

Campus drinking will always be a debatable issue, but the dangers involved in out-of-control drinking is never debatable. In college, there is the mentality of trying to do something crazier than the next guy. This has typically led to problems and sometimes, tragedy. This is what college students need to be aware of; this is what Collegiate Alcohol Awareness Week is for.

## Letter

There is a horrible injustice being done to the students here at Marian College. As a student, I understand that it is a requirement for me to attend 12 convocations in order to graduate.

What I don't understand is why I have currently attended 14 convocations (2 extra due to the loss of my slips of paper in the box!) and I'm still being told I don't have the required number to graduate. The "official" record states that I have attended only 11. I have been told I will not graduate in May unless I attend 1 more.

The funny thing about all of this is that I checked with the "official" record last year. Then it said that I had only attended 4, when in actuality I had attended 11. After writing a letter to the convocation committee and expressing my concern, they found an additional 5 slips of paper with my name on it.

This brought the total up to 9, but 2 were still missing. I was told that I would need to attend 3 more convocations. I did. I thought this matter all taken care of. What a thought!!!

This whole matter is ridiculous. I know that I am not alone. There is a viable solution to this problem. A better record keeping system needs to be implemented. The students need proof that they did attend. This proof would be saved and if any questions come up, the student could produce it and everything would be taken care of.

I've done my time and I know others have too.

Wendy Sloman

## PUZZLE SOLUTION

A	L	A	M	E	C	A	N	T	S		
T	I	N	T	E	D	A	G	E	N	T	S
E	A		E	N	G	I	N	E	S	R	
	B	E		D	E	N	T		T	A	I
	E	L	L	A		S	E	E	K		S
	R	E	I	N	S		E	R	I	N	E
			A	T	O	M		S	T	E	P
S	R		S	P	A	R		S	E	E	P
P	A	T		S	T	O	A		D	A	R
	E	M	I	T		T	A	L	E		R
A	M		S	T	E	R	I	L	E		T
	R	E	P	A	I	R		V	A	N	I
			D	A	R	N	S		E	N	N



## Food for thought

by Beth Wathen

Question: I'm usually in the habit of using the vending machines for my lunch. I usually grab a candy bar or chips and a soft drink. I know this isn't the best for me. What can I do to start to eat better at lunch?

Answer: That's an easy habit to develop. I've done this myself at times. While an occasional candy bar, bag of chips, snack cake, or soft drink is okay, they really should be the exception rather than the rule. However, with a little effort you can begin to make better choices!

A good way is to bring your lunch. "Brown bagging" it can give you better control over what you eat.

You can prepare your lunch the night before to save time in your hectic mornings. (Be sure to vary what you bring to keep your taste buds interested.)

A small cooler can be useful in storing perishable items. A travel cup or plastic water bottle can be used for beverages.

Here are some suggestions to include in your lunch. They will help provide your body with the necessary nutrients for energy needed to make it through your active day. Additionally, you will be laying the foundation for good eating habits which will improve your long-term health.

Be sure to include fresh fruits and vegetables. They are rich in vitamins and fiber. Canned fruit in their natural juices and apple-sauce are also good choices.

Whole wheat bread, bagels, pita bread and English muffins are low

in fat and a source of complex carbohydrates for energy.

Sandwiches should include turkey, chicken, tuna (water packed) and lean meats. Watch what you add to the sandwich. Mustard and low-fat mayonnaise are better condiments to use.

Dairy foods provide calcium and protein to your diet. There is a wider variety of low-fat products available on the market. Choose the lower-fat cheeses (mozzarella, reduced-fat cheese slices), as well as low-fat cottage cheese and yogurt.

Beverages should include 100% fruit juices (be careful of "fruit drinks" which may contain a high concentration of sugar and small amounts of fruit juice), low-fat milk (1% or skim) and water.

Desserts and snacks are difficult for many of us to resist. Try to substitute for candy bars and other high sugar and fat items. Popcorn (without butter), pretzels, graham crackers, fig cookie bars and animal crackers (be a kid again!) would be good alternatives.

Also, there is a microwave oven in Alverna Student Center which can be used to reheat "leftovers" from home.

I hope these suggestions prove helpful to you. I would like to continue encouraging you in your desire to eat better. You are on the right track towards a healthier lifestyle!

## Guest editorial

by Holly Criss

Over the past few weeks I have noticed the decrease of posters in Marian Hall; and that is great! It seems that the clutter is being removed so that we may actually see the walls which hold up the building. I have however, discovered a new problem with both ends of the main floor of Marian Hall, the **Carbon** stands at each end are being used by other clubs and organizations such as Campus Ministry and Mature Living Seminar.

The most interesting part is that the stands say **Carbon**, not **Carbon and anyone else**. Maybe I could understand if such or-

ganizations called and asked to use the stands out of respect for the **Carbon**. What so many people do not understand is that the stands do not belong to Marian College; they belong to the **Carbon**. They were purchased by the **Carbon** for the **Carbon** only.

Seeing that we are all adults, don't you think that a little respect should be shown for **EVERY** campus organization?

## Tribute to Dr. Seuss

by Karen Murphy

A dear man died; Theodore Geisel his real name

"Oh dear.

What a shame!

What a shame!"

We loved him as kids and we love him still

Whether it's the Fox in Sox or the Who's in Whoville

His crazy books, they made us laugh

His Green Eggs and Ham and The Cat in the Hat

We would read them in a box

We would read them with a fox

We would read them in a can

We do so like them, Sam I am.

"But that is not all.

Oh no.

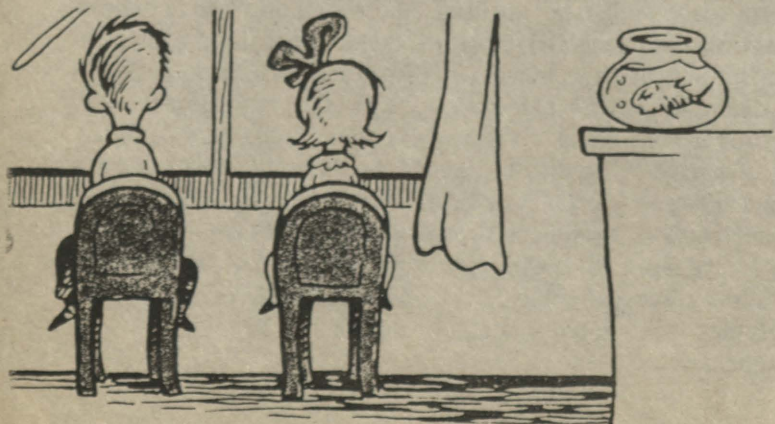
That is not all."

Mr. Brown could moo, Marvin K. Mooney went

And the Grinch who stole Christmas never got a cent

Dr. Seuss left us at a young age of 87

But in our hearts his stories remain as legends.







## Project Earth gears up for recycling

by Della Pacheco

Project Earth, one of the fastest growing student groups on the Marian campus, is off and running for the 1991-92 school year.

The committee was formed during the 1991 spring semester and its mission includes recycling efforts, education, and community outreach.

Coordinators have been established in four areas:

Thomas Pendl  
Coordinator of Identity

Scott Vail  
Coordinator of Campus Conservation

Dylan Roahrig and Michael Beczkiewicz  
Coordinators of Regional Outreach

Barb Schaab and Patsy Stromberg  
Coordinators of Activities

Project Earth plans to implement campus-wide aluminum recycling and paper recycling programs. Look for details on these projects in the near future.

October is Clean Air Month in Indianapolis, and Project Earth together with the director of campus wellness are planning activities on the Marian campus. Some proposed activities are free vehicle emissions testing later in the month and educational activities dealing with the subjects of air pollution, fall leaf pick-up/composting, and energy conservation. Information will be posted around campus soon.

Project Earth is also coordinating a telephone book recycling effort at Marian. All 1990-91 telephone books should be dropped off at the same location where you pick up new telephone books by October 11. The committee will take the old telephone directories to the Kroger store at 38th and High School Road for recycling.

Volunteers are needed to help with all of these efforts. Call Della Pacheco, Project Earth Advisor, at ext. 223 for information.

\*\* Project Earth meetings are held each Tuesday at 5:30 p.m. in the Alverna Student Center. The group is open to all students, faculty and staff.

What responsibilities should be advocated to a department head? This question is just one asked by Sr. Lois, Dean Academic Affairs in a recent survey that she distributed to department chairpersons. Some other questions she asked of chairpersons included: How do you see your role as a chairperson? What do you see as 5-7 most important responsibilities of a chairperson? Identify 8-10 qualifications that you would look for in a chairperson.

There were several purposes in distributing this survey. One reason for this inquiry is to receive a better understanding of the Marian College Institution. Sister Lois pointed out that "chairs have an extremely important and key leadership role in an academic institution." Yet, every college has its own organizational structure which helps to define the chairperson's role. Since Sister Lois is the first academic dean coming from outside the Sisters of St. Francis community, she realizes that it would be unfair for her to assume that they all operate in the same way. To do so would be to impose an unfair expectation that the chairpersons may not even be aware of. She states one main reason for the survey is to clarify and synthesize the different and various perceptions of what a chair-

person is. The ideal result is to get the chairpersons, faculty and administrators to see their responsibilities in the same light. She wants to assure that "we are all looking at the importance of chairpersons in the same framework and if not, then we need to work on communications."

She also wants to find out what the chairs expect from her position as Academic Dean as well as what they can contribute to the institution and how they can help each other work together toward a common goal. She hopes that they'll see their primary purposes as chairpeople to ensure quality academic programming in their department as well as effective instructional delivery.

Sister Lois added that chairpeople are her avenues to contact with faculty and students. "We all have to work together to ensure that it Marian is always a quality academic institution (because) students, and the people who helped the students such as parents and spouses, have the right to expect that." Chairpeople should provide effective leadership and be models of that leadership.

She acknowledges that chairpeople of different departments differ in certain responsibilities. For example, the nursing

department deals with clinicals while the education department deals with student teaching. However, she believes that there will be some common elements and that all departments are working toward the same goal of assisting the college to be the best it can be in serving the students.

Chairpeople have a different role in small colleges. They must fulfill administrative leadership role at the same time they are functioning as faculty members. But, this has its advantages because by being faculty members and teaching classes they have the opportunities of enjoying the challenges of teaching while being made aware of problems.

With all this in mind I spoke with several department members. One teacher stated that in filling out the questionnaire it brought up many questions which a new Dean would face. It took fifteen hours for another teacher to complete the survey; yet, felt it was well worth the time and effort. The results for the questionnaire will be in by October 4, 1991. With these responses, Sister Lois plans to sort out the big issues and concerns, then to work together to find a focus, set goals and develop strategies for a common plan of action for this year and years to come.

## Get into Intramurals

by Sheila Leighton

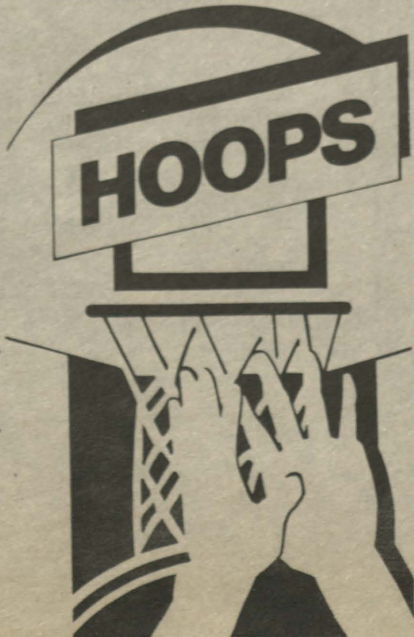
C'mon couch potatoes! Any physical education major can tell you that you need some kind of activity, that of physical exercise to keep you healthy. No, not even walking back and forth from Doyle every day for class is enough, nor is it sufficient to merely trudge up and down the stairs of Marian Hall. You've got to do something more! What else is there?, you ask. why not join intramurals! The intramural program at Marian is happening now! So, get with it!

On the structured side of Marian's intramural athletic program, there are five different team-oriented sports to choose from, including co-ed softball, flag-football, kickball, 4-on-4 volleyball, and 3-on-3 basketball. More information concerning dates, times, forming teams, etc. can be found posted on the bulletin board across from the cafeteria in Clare Hall. So, walk your lazy body over there and take a look at the thing!

On the other side of the coin, Marian also offers a more casual program, called the recreational sports program (if you just want to work out a little on your own whenever you feel like it type of deal).

Along these lines, students can access facilities like the gym (for open gym), the weight room, the racquetball courts, and even Marian's excellent walking/jogging course.

An important guy to know, Mike Henderson, Director of the Intramural program, had some time to speak with me the other day. "This program will be as good and as active as the students want it to be," he stated. "It is their program." Henderson mentioned he would like to see more people get involved. As far as new ideas or activities for the program, Henderson claims he is flexible. "Suggestions will be taken under advisement."



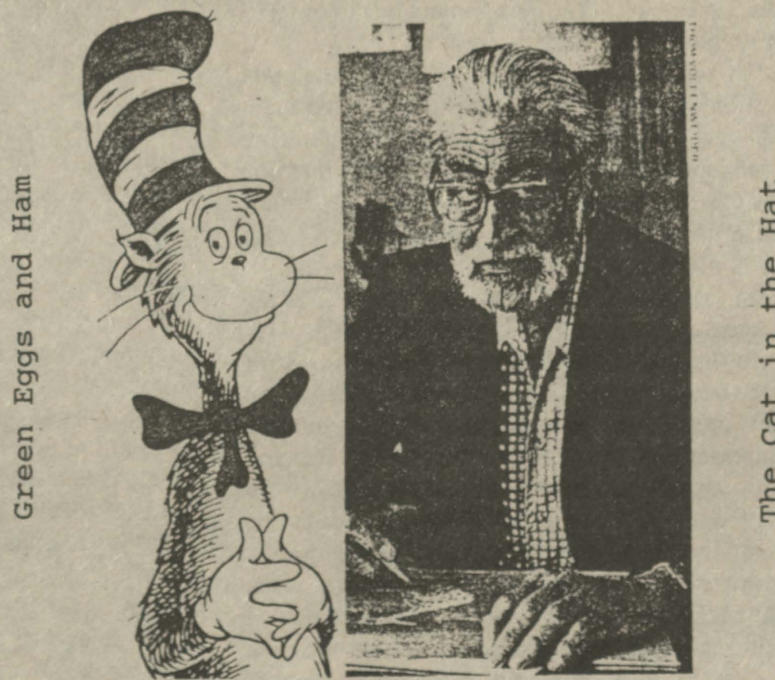
## The responsibilities of chairpeople are examined

by Paula Haverstick

## PICTURE OF THE WEEK

### The Doctor Beloved by All

Theodor Seuss Geisel: 1904-1991



Green Eggs and Ham

The Cat in the Hat

The Cat in the Hat with a dear and irreplaceable friend

Sam I Am

### Events on campus

- |  |           |
|--|-----------|
| Women's Volleyball vs Franklin (7pm)       | - Oct. 10 |
| Power Play Series (MMH 220 12:pm)          | - Oct. 11 |
| Fall Play "How the Other Half Loves" (8pm) | - Oct. 12 |
| Faculty Concert, Stokely Mansion (3pm)     | - Oct. 13 |

Good Luck on Mid-terms!!



Crossword Puzzle

- ACROSS
- 1 A state: abbr.

4 Myself

6 Inclines

11 Shaded

13 Deputies

15 Babylonian deity

16 Motors

18 Sun god

19 To come to

21 Depression

22 Caudal appendage

24 Singer Fitzgerald

26 Search for

28 Watering place

29 Checks

31 Emerald isle

33 Revised: abbr.

34 Tiny particle

36 Walk

38 Senior: abbr.

40 Mast

42 Leaks through

45 Stroke

47 Portico

49 Challenge

50 Send forth

52 Story

54 Concerning

55 Forenoon

56 Unproductive

59 Symbol for tellurium

61 Mend

63 Conceit

65 Mends with cotton

66 Printer's measure

67 Brood of pheasants
- DOWN
- 1 Devoured

2 Answerable

3 Article

4 Repair

5 Brims

6 Gallops easily

7 Mature

8 Bird's home

9 Symbol for thoron

10 Band of color

12 Symbol for tellurium

14 Dinner course

17 Arrow poison

20 Lamb's pen name

23 Equal degree

24 Teutonic deity

25 Emmets

27 Outfits

30 Soaks up

32 Want

35 Substances

37 Fruit

38 Lance

39 Butted against

41 Bellow

43 Comely

44 Compass point

46 Agave plant

48 Animated

51 Former Russian ruler

53 Verve

57 Metal

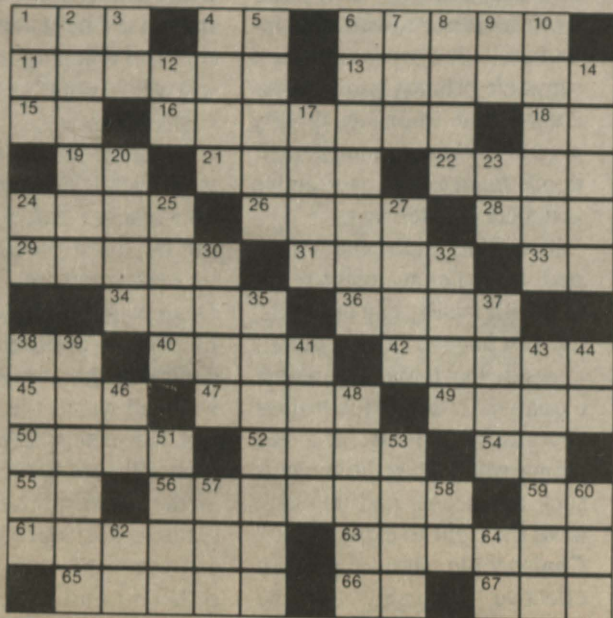
58 Half an em

60 Organ of sight

62 Ma's partner

64 Sign on door

The Weekly Crossword Puzzle



COLLEGE PRESS SERVICE

Knightly Notes

The Faculty Concert scheduled for Sunday, October 13 at 3:00 p.m. at Stokely Mansion has been cancelled.

**DANCE INSTRUCTORS** needed to teach underprivileged girls. The project is through Girls Club Inc. For more information contact J.C. at extension 675.

Indianapolis telephone directo-

ries are in the lobby of Marian Hall, old ones may be left in the faculty mailroom. Come and get 'em.

Maria Shipley will be returning next semester from maternity leave and will be teaching the new Communication and theory course. This course will be replacing Persuasion and Debate.

Babysitter wanted for a 3-year-old boy. One evening a week from 6:00-8:30. Liberty Creek area. Call Brenda for more information at 291-7570.

RAISE \$500...\$1000...\$1500

FOOL PROOF FUND RAISING

For your fraternity, sorority, team or other campus organization.

ABSOLUTELY NO INVESTMENT REQUIRED!

CALL 1-800-950-8472, ext. 50

Just A Thought

by N.M. Gasco

Did someone say convocation? (Yawn!) Please excuse Nicole for a moment while she gets a pillow...

Past convocations have been inspirational (Father Jemko), fun and yes, believe it or not, even interesting. So, what the heck happened is the question on most students minds?

Survey Says: if this convocation is any indication of what's in store for us this year then it's time to transfer! After all, when teachers start nodding off, you know you're in for a real treat.

Many students tried their best to give the speaker the benefit of the doubt. The speaker's name really isn't all that important. He could have been Ronald McDonald or Fred Rogers for all Nicole remembers. In fact, it would have been more interesting to have Ronald McDonald talk about the nutritional value of breakfast burritos.

Some of the many complaints Nicole heard included the speaker's dull subject matter geared more towards the college graduate (who already has his masters) as well as his monotone voice. Granted, he did actually crack one joke (it's amazing that we don't have him come back to do stand up comedy sometime in the near future. Didn't he appear on Caroline's Comedy Hour, or was it A&E's Evening at the Improv?), but that "joke" about a blond repeatedly backing over

a dead body seemed just a bit out of place and morbid considering the rest of the enlightening "lecture." In fact, Nicole strongly believes he threw that joke in at the last moment just to out if the audience was still awake.

Now, Nicole always was under the impression that convocations were supposed to be intellectually stimulating and/or inspiring (heaven forbid they be both at the same time, too much excitement could prove hazardous to our health. Throw entertaining in there and the crowd may just become unruly and uncontrollable), but after this one, Nicole would settle for slightly interesting. According to the Random House Dictionary (but what do they know right?), something labeled interesting is supposed to arouse one's concern, attention, curiosity and excitement. It is supposed to induce participation and to "absorb, engross, fascinate and intrigue" a person. Now, what's wrong with this picture? Either Nicole is or the definition in the dictionary is wrong, but she can't recall seeing any people (including the lecturer himself) coming out of the auditorium who looked even slightly "interested" or "intrigued" by anything they had just heard (or didn't hear). Instead, they all looked as though they had just been released from what they thought would be a life sentence prison term of the Per-

petual Convocation (thank God for the cake with the file). If that were indeed the case, then Nicole would have opted for the electric chair which undoubtedly would have been far more comfortable than the ones currently in the auditorium. In fact, an orange crate would probably be an enormous improvement (except maybe for the slivers, but even those would be a minor pain to endure compared to reliving the convocation on videotape in stereo)!

The funny thing is (get ready to laugh now, if you still can laugh without saying, "So sorry. I used to have a sense of humor, but I lost it at the first fatal convocation.") The convocation actually cost MONEY! That's right, we actually paid someone to bore us out of our skulls. That's almost like paying for all our professors to assign us five papers in the same week. Imagine that! Is there a pattern of irony developing here or is it simply Nicole's misguided imagination? No, it couldn't be her imagination-she lost that (along with any other "interesting" aspects she assumed most human beings possessed) at the convocation. If, by chance, anyone should happen to find it (under a chair in the auditorium or in the hall), Nicole would greatly appreciate it's prompt return to its proper owner.

Okay, lecture's finished. You can wake up now.

CATCH A HAYRIDE!

Come relive the Legend of Sleepy Hollow at Conner Prairie! The Headless Horseman rides again on October 27 as the Campus Events Committee presents this Halloween outing-- at no cost to Marian College students!

This dreadful night includes the Headless Horseman hayride, horrible story-telling, and a barn dance for the brave only! Surely, a terrible time will be had by all!

Transportation will be provided by C.E.C.-- just sign up at the Student Activities Center before the DEADLINE, October 24. Departure from Marian will be a 5:00 p.m. on Sunday, October 27.

Any questions can be directed to Wendy Sloman, Campus Events Coordinator.

INVITATION TO : COLLEGE NIGHT

Where: HANGAR 38 (38th Street junction)  
3740 N. High School Road  
In the DAYS INN  
297-7211

When: ALL DAY  
Thursdays are College Night!!!

- Pitcher of Beer - \$2.00
- Long Necks - \$1.00
- Hot Dogs - \$.25
- Draft - \$.75
- Little Long Islands - \$1.50

FREE JUKE BOX 8:00pm - ???

Lounge open 7:00am - 3:00am Mon-Sat  
11:00am - 12:30am Sun.

Special Hours

Kitchen open for breakfast at 6:00am everyday and stays open till 3:00am!!! Sunday 6:00am to midnight.