

ABSTRACT

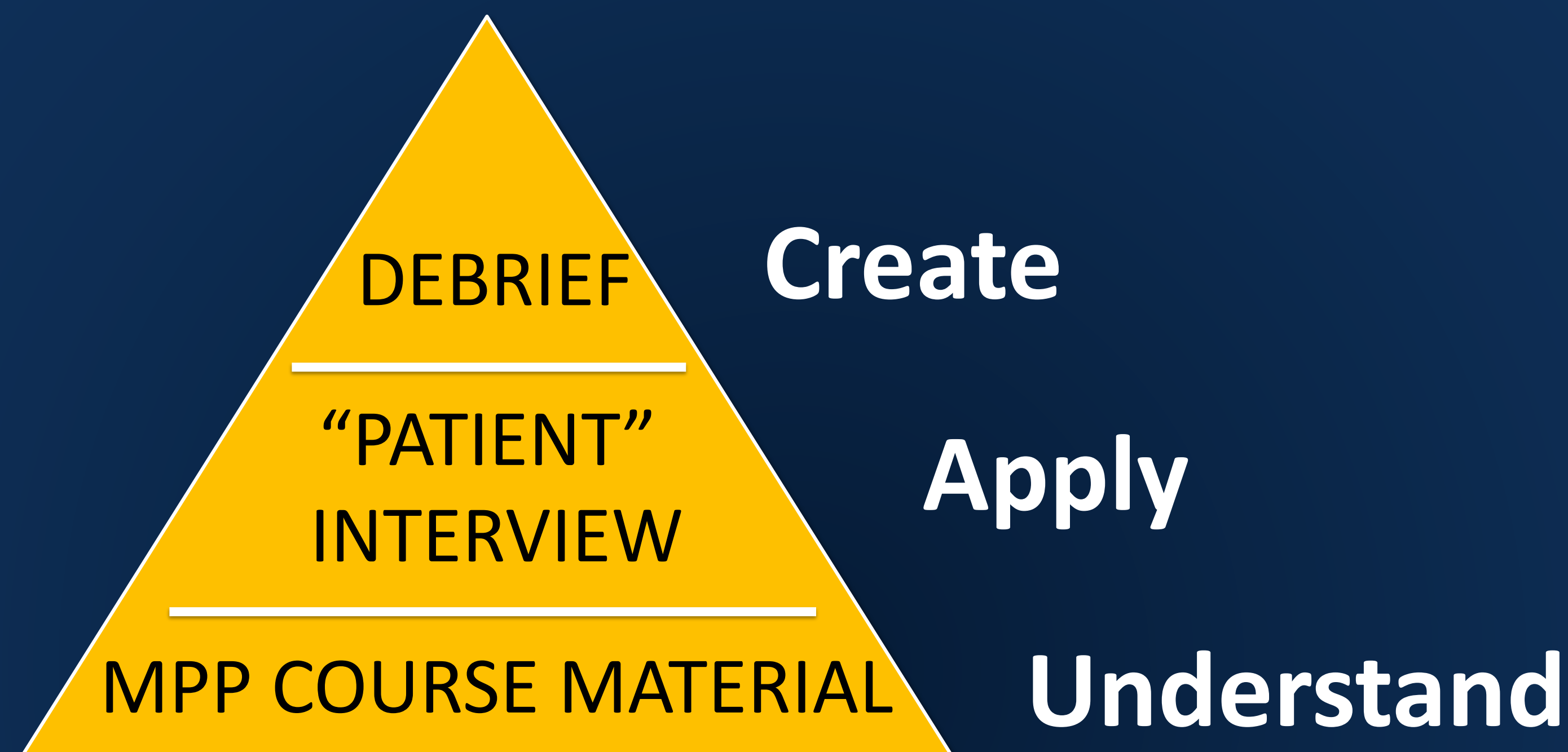
Practicing empathy and listening skills are not traditionally components of a graduate-level biomedical sciences curriculum, however incorporating an opportunity for students to refine both skills can be given using “patient” podcast interviews. Beginning in the Fall 2020 the Medical Physiology & Pharmacology course in the Biomedical Master’s of Science Program started a summative project tasking graduate students with interviewing a “patient” about their lived experience with a chronic illness. The goal of our Patient Podcast Project is for our graduate students to experience our course material from the patient’s perspective, while giving the “patient’s” story a platform.



ACTIVITY GUIDELINES

- Students will select an acquaintance (family, friend, roommate, etc.) as their “patient” to briefly interview about their health care experience.
- The goal would be to interview a patient that has a disease or disorder related to content that’s been covered in our course material this semester.
- “Patient” must be 18 years of age or older.
- If you encounter difficulties identifying a patient, please contact the Course Director for assistance.
- Students will conduct an interview with the patient and record the audio (or audio from video) from the interview. The interview does not need to take place in person, recording the conversation over the phone or video are acceptable. Target discussion length: 15-30 minutes
- Prepared questions – To start off your conversation with your patient, we as a class will be identifying “jumping off questions” to help get your dialogue going with your patient. This process will take place on our Canvas page.
- During your dialogue with your patient the goal is to hear their story from the patient’s experience.
- Podcast Debrief: To conclude your recording a debrief to summarize the discussion, relate to our coursework, and share your reflection of the discussion with your patient must be included.

Power to the Podcast: Practicing Empathy and Listening Skills in a Biomedical Sciences Graduate Program



Hear from our students directly

Scan the codes:

Courtney



Black Women
& Mental Health

Andrew



Leukemia
in Medical School

Carmela



Bladder Cancer
Remission

Cara



Affording Medicine
for Multiple Sclerosis

GRADING RUBRIC

MPP: The Patient Podcast Project

Areas of Evaluation	Scoring		Score
	Fulfilled 10pts	Incomplete 0 pts	
Patient Selection	Discussion takes place with a patient whose case relates to our MPP1 course content, directly or indirectly.	Patient’s case is unrelated to MPP1 course content.	
Relation to Coursework	Student attempts to bridge course content to the discussion.	Student makes no attempt to bridge course content to the discussion.	
Discussion Dynamics	Student engages with the patient through questions and actively listens to the patient’s story.	Student passively participates.	
Debrief	During the last portion of the recording the student (either in the presence or not of the patient) summarizes the discussion, how it relates to our course and what they learned from talking to their patient.	No debrief recorded.	
Duration of Recording	Recording lasts at least 20 minutes.	Recording is not at least 20 minutes.	



STUDENT FEEDBACK

“...I learned how to **feel the emotions** experienced by my patient.” –BMS Graduate Student

“..Our podcast also **created space to reflect** positively on how to better appreciate our lives and surroundings.”
– BMS Graduate Student

“...the patient podcast gave us the thing that most of us students were looking for, and that was a **great clinical correlation to all of the themes we were discussing in the course.** –BMS Graduate Student

“It’s always nice to be able to see **classroom concepts have impact in real world situations**, and this is becoming even more apparent as we learn new concepts and pathologies in medical school.” –BMS Graduate Student

Jonathan Lowery, Ph.D. & Julia Hum, Ph.D.

College of Osteopathic Medicine