11-9-2018

Symptom Report of Long-Stay Nursing Home Residents

Meaghan Mobley OMS-2
*Marian University - Indianapolis*

Luke Miller OMS-2
*Marian University - Indianapolis*

Kathleen Unroe MD, MHA

Susan Hickman Ph.D

Follow this and additional works at: https://mushare.marian.edu/mucom_rd

Part of the Medicine and Health Sciences Commons

Recommended Citation
https://mushare.marian.edu/mucom_rd/94

This Poster is brought to you for free and open access by the College of Osteopathic Medicine at MUShare. It has been accepted for inclusion in MU-COM Research Day by an authorized administrator of MUShare. For more information, please contact emandity@marian.edu.
Symptom Report of Long-Stay Nursing Home Residents

Meaghan Mobley¹ · Luke Miller¹ · Kathleen Unroe²,³, MD, MHA · Susan Hickman⁴, PhD
¹Marian University College of Osteopathic Medicine · ²Regenstrief Institute · ³Indiana University School of Medicine · ⁴Indiana University School of Nursing

BACKGROUND

• Prior research has shown that nursing home residents have a significant burden of symptoms including pain, nervous and depressed feelings, and fatigue and lack of energy.
• As the OPTIMISTIC staff monitors symptoms during acute illness through a large CMS demonstration project, a greater understanding of symptoms experienced by residents at baseline was needed.

METHODS

• Interviews conducted at two Indianapolis facilities enrolled in the clinical plus payment demonstration.
• Interviewed residents met following eligibility criteria:
  • OPTIMISTIC eligible resident with no hospitalizations with the prior two weeks.
  • Ability to participate in assessment interview.
  • Not certified for one of the six condition benefits within the last two weeks.
• Symptom interview conducted utilizing the SATISFIE Instrument.
• Interviewed 42 residents.

KEY FINDINGS

• 93% of residents indicated the presence of at least one symptom.
• 52% of residents indicated that they had at least one symptom that was severe (Rating ≥7).
• On average, residents presented with 6.57 symptoms.
• 2/3 of all residents indicated depressed mood.

RESULTS TABLES AND GRAPHS

Pilot study suggests that residents, at baseline, experience a variety of symptoms.
Of medically stable residents who are symptomatic, over 50% experience at least one severe symptom.
These findings raise awareness of the variety & severity of symptoms experienced by nursing home residents.

SUMMARY