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Marian University - Indianapolis

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Marian receives grant to mentor in the city

Kimberly Blair
staff writer

Marian College is requesting a planning session for one year to develop a full proposal for a Mentoring in the City Project. This project will prepare Marian College students to serve as mentors for one or two years in Catholic high schools. In turn the high school students will be trained to work with junior high students of the Urban Parish Cooperative.

The college is committed to the development of the whole person and the common good of all persons, both within and outside the college community. Marian is making an effort to work collaboratively with other Catholic institutions in creatively addressing some issues facing minority youths. College students are ideal project mentors as they mature in the realization of their own understanding and commitment to personal religious values.

Selected college students can establish those relationships which will allow and encourage their proteges to fulfill their own dreams. Then the high school students will be motivated to establish that same role with elementary students. In turn, all concerned parties will grow in appreciation of each person's God-given dignity and responsibility to become a more productive human community.

The college will concentrate on the following five areas: training the advisory group and developing a vision, establishing the needs of the protege groups, establishing the needs of the mentor groups, developing an effective interaction model, and determining how this project dovetails with the institutional goals.

ARA sends cookies to troops in Saudi Arabia

Marian College is participating in a project to prepare and send cookie “care” packages to the Persian Gulf in an effort to show troops that they are being remembered by those back home during the holiday season.

Organizing the nationwide project is ARA Services, which is in charge of food services at Marian. Inspiration came from another ARA facility -- North Adams College in North Adams, MA. Joyce Wilk, a chef at the school, has a nephew stationed at the Gulf, and he is fond of cookies. She whipped him up a batch and sent them over. Her nephew, Homer, liked them so much he asked for more.

Wilk, with the help of her co-workers, sent out 50 dozen cookies. Now students are becoming involved in a holiday project to send out even more.

By sending out “Gretel's” oatmeal raisin cookie recipes to every one of its food service locations, the company hopes to provide thousands of cookies to the over 350,000 soldiers stationed in the Gulf. Joining Marian in accomplishing this project are colleges and universities throughout the country, school districts, hospitals and continuing care facilities, as well as government and business institutions served by ARA.
Smoke policy unfair to commuters

The new smoking policy is completely unfair to commuter students. The policy states that smoking is only permitted in faculty offices or dorm rooms, assuming roomsmates and faculty members do not object. Essentially, this policy discriminates against commuter students. As a commuter, I do not have an office, or a dorm room. Therefore, I must smoke outside. If we were faculty or if I lived on campus, I wouldn't have to go outside to smoke. It is completely ridiculous for some members of the college community to be allowed to smoke while others cannot.

I admire the policy in purpose. To promote a smoke-free environment is very responsible for Marian. I think it can help those who wish to quit the habit. But in its current form it is completely unacceptable.

Cheating in class

MARIAN COLLEGE. What do you think of the saying "If you never hear that name? Maybe a strong school which backs its students up and has a strong reputation of academic integrity? I think it needs to be thought about. As a student, I believe in the right of non-smokers for clean air. But until that policy is changed it will continue to disregard it. The purpose of the policy will not be realized.

As a smoker, I respect the right to an office and dorm room. The policy that standard policy has angered many commuter students. That is why we continue to smoke despite the regulations. Until it is changed and made fair to all members of the community, people will continue to disregard it. The purpose of the policy will not be realized.

I urge the President to re-examine the policy. If I cannot smoke in any building in campus, then no one else should be allowed to do so. I know that the standard policy has angered many commuter students. That is why we continue to smoke despite the regulations. Until it is changed and made fair to all members of the community, people will continue to disregard it. The purpose of the policy will not be realized.

I would like to commend the security staff here at Marian. Earlier this semester I gave suggestions for improvement, many of which are in effect, or are in the works right now. The thing I am most impressed with, though, are the people themselves. Before Vern and other things, it was rare to see the chief anywhere but in his office. Vern is outside patrolling and keeping an eye on things himself, instead of relying on his officers. The staff as a whole seems to get along better and the communication seems to be improving. I was delighted to see an office come to the Carbon Office this week to check on us and make sure everything was alright. It seems, too, that the response time has gone down. I called to have someone come over and jump my car and they were there within two or three minutes. (Thanks!) I am really impressed because I have seen a real change of attitude in the staff and the way things are handled. Congratulations on a job well done. Keep up the good work, Vern!

-- Dallice Hesselgrave
Editor

Security improves!

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Sleep should become a necessity during final exam week

by N.M. Garco
staff writer

To sleep or not to sleep... that is the question facing many Marian students as exams draw ever closer.

Like myself, there are the students who work, attend classes and even have a social life (how ever limited it may be) and still manage to turn in assignments and take tests without suffering from a nervous breakdown. How should exams upset this constant balance of school, work and fun?

Because these "tests" involve an enormous amount of brain activity all at once, usually accumulated plish thanks to the miracle of caffeine. All students have, at one point in time, crammed for exams. "I'll study tomorrow" is a common phrase floating through Marian's halls followed by an "exams are DAYS away," which is the students' attempt to reassure themselves that there's still plenty of time to prepare.

Yet, somehow, even organized students like these find themselves face to face with the clock the night before the big exam. In these precious moments, as the hours pass by, the students teach themselves to speed read. By the time the final moment arrives, many of these students have had little, if any, sleep.

But, how important is sleep really? It is one of the most basic of all human requirements. Psychological experiments done have shown that people who are deprived of sleep for any length of time often become irritable, anxious, paranoid, and unable to concentrate. Their hand-eye coordination decreases. Sleep deprivation, over a period of time, even increases our immune system's vulnerability when combating viruses or antigens. In fact, sleep deprivation was used and was powerful enough to break down many prisoners' resistance.

One student at Michigan State University found out the hard way: "I tried to live 48 hour days. I stopped getting enough sleep ever since I caught up with me." He became extremely run down, contracted mononucleosis, and was forced to sit out a term to recover.

Taking a series of exams after being deprived of sleep for an extended period of time is about as productive as using a number 3 lead pencil. Instead of being smooth, allowing fluid motion, it's so dull and hard that it requires great pressure to actually make the marks they intended information. Just as the pencil breaks under pressure, so does concentration, sanity and health without proper sleeping habits.

What's the moral? In these upcoming weeks try to get some sleep and, as much as you may, try to get a healthy well-balanced breakfast, some food for thought such as Fruity Pebbles. And when the students like these find themselves to be afraid to take a time-out from work.

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CONVOCATION
Friday, 12/7, 10:00 a.m.

Survival in the Global Market Place

On December 7 at 10:00 a.m., an all-college convoca­tion will be held in Marian Hall Auditorium. Marian College and the Office of the Governor, with assistance from the Global Market Place, hosting a group of distinguished experts who will discuss the North American Common Market System. All students, staff, and faculty are encouraged to attend.

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FINALS' WEEK INSERT

These next four pages were put together by the production staff for your enjoyment during exam week. We survived the "earthquake" and with a little bit of laughter, studying, and a few miracles we'll also live through finals. Have a safe and peaceful semester break!

ARA STUDY BREAKS
8:00 p.m. - 10:00 p.m.

**Sunday**
Make your own donut cafeteria

**Monday**
Celebrate Internationally Stokley Mansion

**Tuesday**
Make your own sundae cafeteria

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ZOO U. by Mark Weitzman

AMERICANS ARE SO STRANGE.

THEY ALWAYS WANT ONE SEAT LEFT EMPTY ON EACH SIDE OF THEM, EXCEPT FOR THE PEOPLE THEY CAME WITH...

SO LATECOMERS CAN'T SIT TOGETHER, BECAUSE ONLY SINGLE SEATS ARE LEFT.

DON'T TOUCH ME
THE CARBON

by Mark Weitzman

THE HIGHEST INFANT MORTALITY RATE...

THE HIGHEST ILLITERACY RATE...

THE HIGHEST DISCREPANCY BETWEEN RICH AND POOR...

AND THE 4TH HIGHEST TAXES...

WE'RE WORKING ON THAT LAST ONE.

NEW TAX...

Hold that pizza! I found some leftovers.

I CAN'T AFFORD A CD PLAYER...

SO I TELL MY FRIENDS RECORDS ARE BETTER.

I CAN'T AFFORD A CAR.

SO I PROGRAM THE FREEDOM OF RENTING.

IF YOU CAN'T GET WHAT YOU WANT...

...RELAX IN YOUR NEED.

TODAY, SADDAM SHALL GO DOWN IN HISTORY FOR WHAT HE HAS DONE.

UNITING THE UNITED NATIONS...

I'LL HAVE TO SELL MY CAT. WE CAN BARELY AFFORD THE KIDS, LET ALONE AFFORD A DOCTOR FOR BILLY.

THAT DOES IT! WE JUST WANT TO SAVE MORE MONEY FOR THE LOTTERY!

NO BUS...

TIME TO LEARN.

NEW YORK.
WHY JOHNNY CAN'T READ

IF WE DON'T GET A RAISE, EMM, I'M NEVER BE HAPPY TO BEHIND THAT WINDOW!

DON'T WORRY, THEY'LL PAY FOR IT, BABY, THEY'LL PAY FOR IT!

NINE MONTHS VACATION OR DEATH!

HIS GREEDY, LAZY TEACHERS

AT THIS POINT IN TIME, AMERICA SIMPLY CAN'T SPEND MILLIONS OF DOLLARS ON FOREIGNER'S ERRORS LIKE SCHOOLS!

HIS CHEAP, UNCARING GOVERNMENT

ARGEE, DEGENERATE, VIOLENT POP ICONS

ABSOLUTELY, POSITIVELY NOT HIS PARENTS, THAT'S FOR SURE

WHAT'S THAT? BUT I AM SETTING UP TO BEHIND THE BAR, AND IF I TELL YOU WHY I'M GOING TO BE THERE TODAY...

I DON'T NEED MONEY FOR PAYROLLS. WE NEED IT THAT THE KNOW.

WE DON'T NEED MONEY FOR PAYROLLS?

I'M INCREDIBLE.

THE MONEY!

Bah, Humbug!

I JUST HAD THE NEAREST GUY ON THE DIAL-A-DATE LINE. I CAN'T WAIT TO MEET HIM IN PERSON!

TELL ME WHAT YOU LOOK LIKE. HOW WILL I KNOW IT'S YOU? OH, YOU HAVE A CRIMP. OH, YOU LOOK FINE!

DO THIS DIAL-A-DATE TO A GARDNER IS A GOOD DEAL. I'M GLAD I CALLED IT!

BUY THIS DIAL-A-DATE IS A GOOD DEAL. I'M GLAD I CALLED IT!
ALL SCHOOL MASS

Come celebrate

The Feast of the Immaculate Conception

on

Friday, December 7th
4:00 p.m.
College Chapel

NOTE: This is the last issue of the Carbon until we return from semester break.

Take a break from exams and Celebrate Internationally

Monday, December 10, 1990
Stokley Mansion
8:00 p.m. - 10:00 p.m.
sponsored by the International Club

Senior Profile

Debra Weed

Debra Weed has wanted to become a doctor. She realized, early on in high school, that her desire to help people would lead her to Marian College due to the excellent reputation of its nursing program.

In her fifth year, her nursing class has a special place in Marian's history; it is the first class graduating under the BSN program offered this year.

As secretary and treasurer of the senior BSN class, Debra realizes the importance of maintaining goals in the face of challenges; "When people or things get me down, I try to look for the light at the end of the tunnel. I look ahead; I know where I want to be in ten years."

Part of this positive outlook includes her goal to move to St. Louis by April of 1992 and attend St. Louis University. There she plans to study perfusion (involving organ transplants) or attend medical school to become an OB/GYN doctor, enabling her to deliver babies. She also looks forward to having children of her own, and she knows that by sticking to and completing the rigorous course, she will have the secure future and career necessary to successfully raise a family today.

For Debra, the biggest challenge college gave her was how to effectively organize her time. Throughout school, Debra worked at Methodist Hospital in surgery/recovery and also as a telemarketer at Lincoln Technical Institute. Work and studies, however, did not prevent her from getting involved in college activities.

She is, in fact, currently working with Herff Jones to come up with a new design for the nursing pin. The final three design sketches will be picked on January 16, 1991. Once chosen, all the nursing classes will vote and decide which design will represent their class.

When asked about priorities in her life aside from goals, Debra stressed family. "I am really thankful for my family, especially my mom who has shown me so much support and encouragement. I've learned as much about wisdom, guidance, and strength from her as I have from college."

Kristin Barrette calls the North Pole to place her order for Christmas: two elves, a gold watch, and $500.